

VISION STATEMENT

Create a vibrant learning community where lives are transformed and individuals inspired to achieve beyond what they ever believed possible

ATHOL ROAD
PRIMARY SCHOOL

25th NOVEMBER 2020

NEWSletter

BULLYING IS NOT ACCEPTABLE AT ARPS!

SPECIAL INFORMATION AND CALENDAR EVENTS

2020 TERM 4 DATES:
5th October – 18th December

PLEASE do NOT
send sick children
to school

WHAT STUDENTS SAID!

*At school, I feel
optimistic and proud
when*

- *I achieve the goals I set for myself*
- *My friends treat me fairly*
- *I am able to help someone*
- *I can use my creativity skills*
- *I can write freely and learn about lots of new things*
- *I finish off all my work on time*
- *I get a good report from my teachers*
- *I try hard to do my work*
- *I play in the nature playground*



From the Principal's Desktop

PLEASE help to keep the school COVID free by:

- **Limiting visits to the school to only when necessary**
- **Social distancing – minimum of 1.5 metres apart**
- **Wearing a mask on school premises at all times**

PLEASE

Stay home if you are not feeling well, go and get tested and isolate until you get your results

SCHOOL CROSSING

The school crossing is an **IMPORTANT SAFETY MEASURE** for students at the beginning and end of every day. It has been great to see students waiting behind the white line, listening for the whistle and then **WALKING** across the crossing. **WALKING** is important to ensure that every student arrives safely on the other side as running can cause accidents and stop traffic.



FORTNIGHTLY FUN FRIDAYS

What a great Fortnightly Fun Friday experience as students dressed up as staff and teachers dressed up as students! Staff loved dressing up as students and there were some very creative student outfits. It was great to see so many students participating and even a Mrs Toombs!



STUDENT VOICE

Teachers work hard to ensure that students have a voice in their learning through such things as setting personalized goals and choice of how they present their learning. Student voice is also encouraged in other aspects of school life. At the moment our student voice leaders are busy collecting information from students in the yard, asking them to complete the sentence, 'At school, I feel optimistic and proud when'. Responses will inform decision-making and provide the basis of a new display outside Mrs Pearse's office. Students and staff are looking forward to sharing this when the school returns to normal operating procedures, hopefully in 2021. In the meantime, **THANK YOU** for supporting the school to manage the government restrictions as best we can by limiting your access to the school grounds.

A school where 'Every minute matters'



Creating A Safe Space to Grow

Links for building resilience

<https://beyou.edu.au/>

<http://smilingmind.com.au/smiling-mind-app/>

<https://www.apa.org/help-center/resilience.aspx>

Children build confidence and independence when they are encouraged and supported to have a go at doing something new.

Parents can play an important role in creating a safe space for children to grow by:

1. Sharing their own experiences, achievements and joys with children. Children are encouraged when parents share openly about times they have tried new things and felt emotions like fear and excitement.
2. Providing opportunities for teamwork in the home, where everyone has a role and shares jobs, or by working in small groups to problem-solve. This helps children to develop a sense of independence.

Household chores for example can be a fantastic way to promote self-esteem, independence, pride in their work, confidence and a sense of belonging and value to the family unit.

3. Prompting children to think of solutions to issues. Solutions can be explored by asking questions such as, “What could you do about that?” or “What might happen if you try that?”

4. Build feelings of competence.

Nurture that feeling by telling children they can do hard things. By acknowledging their strengths, the brave things they do, their effort when they do something difficult and when they make their own decisions. When children have a sense of competence, they are less likely to be reactive to future stress and more likely to handle future challenges.

“You’re a superstar when it comes to trying hard things. You’ve got what it takes. Keep going. You’ll get there.”